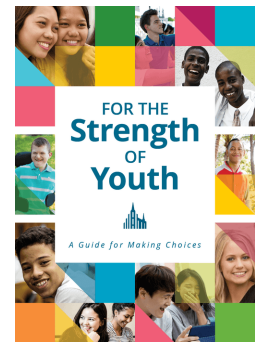


Schedule of youth speakers in sacrament meeting

20**23**

Youth should prepare and give a talk on the assigned topic on these dates. Each talk should take 5–7 minutes. Parents and families are invited to assist youth in preparing their talks. Adult youth leaders, including the bishopric, the Young Women presidency, and class and quorum advisers, are also available to help.

Most of the assigned topics are based on the newest version of the *For the Strength of Youth* booklet, announced at the October 2022 general conference. All youth have received a print version of this guide. You can also find it in the Gospel Library on the church's website, ChurchofJesusChrist.org, and in the Gospel Library app. *For the Strength of Youth* should be used as a starting point for speaking about these topics from a personal perspective, as guided by the Holy Ghost.



DATE	NAME	TOPIC
12 March	Zea	Introducing the 2023 churchwide youth theme ("I can do all things through Christ which strengtheneth me" [Philippians 4:13])
16 April	Rogers	How do I prepare for a mission?
14 May	Lana	<i>For the Strength of Youth</i> : Make inspired choices
28 May	AJ	<i>For the Strength of Youth</i> : Jesus Christ will help you
11 June	Shaneeza	<i>For the Strength of Youth</i> : Love God, love your neighbor
25 June	Shane	<i>For the Strength of Youth</i> : Walk in God's light
9 July	Jaiann	<i>For the Strength of Youth</i> : Your body is sacred
23 July	Aldrich	<i>For the Strength of Youth</i> : Truth will make you free
13 August	Novalee	<i>For the Strength of Youth</i> : Make inspired choices
27 August	Ephraim	<i>For the Strength of Youth</i> : Jesus Christ will help you
10 September	Bernice	<i>For the Strength of Youth</i> : Love God, love your neighbor
15 October	Fiona	<i>For the Strength of Youth</i> : Walk in God's light
22 October	Aaron	Jesus Christ is the Strength of Youth
12 November	Veshon	<i>For the Strength of Youth</i> : Your body is sacred
31 December	Fabienne	<i>For the Strength of Youth</i> : Truth will make you free