

*Our community needs
healthy blood donors.
Can you pitch in and help?*

We need
60
pledged donors!
**HELP US GET
THERE!**

*Sign up
today!*

Spring **BLOOD DRIVE**

**Thursday,
April 24, 2025***

1:00–7:00 PM

**The Church of Jesus Christ
of Latter-day Saints**

89-58 163rd Street, Jamaica

Follow signs to the gym on the 4th floor

Donating blood is safe and convenient when:

- You are in good health.
- You are 17 years or older (16 with written parental consent/permission — forms available at nybc.org).
- You weigh at least 110 pounds (50 kg).
- You have completed a course of antibiotics and are free of infection.
- You are symptom-free for at least 72 hours following a cold or flu.
- You are symptom-free for 14 days following recovery from COVID-19, a positive diagnostic test, or experienced symptoms.

Some medical conditions/medications, recent tattoos, piercings, or travel may impact eligibility, but don't presume you can't give blood. For more information, visit nybc.org or call 800.688.0900.

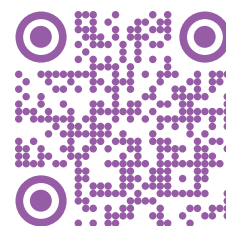
* Date subject to change based on the number of advanced signups received.

**APPOINTMENTS
STRONGLY ENCOURAGED**

*For more information and directions
& to schedule an appointment*

VISIT

jamaica1stward.org/blood-drive



PRESENTED BY

**The Jamaica 1st Ward of
The Church of Jesus Christ of Latter-day Saints**

 **New York
Blood Center**